



WASHINGTON AREA COMPUTER USER GROUP

PC DISK OF THE MONTH

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PART 1. COMPUTER SECURITY PROGRAMS AND UPDATES

ZONEALARM Basic Firewall (v6.0) Free Version for Personal Home Use Only. The complete installation file is on this CD. **Features:**

- **Triple Defense Firewall.** Goes beyond traditional PC firewalls to protect your entire PC from hackers, spyware, and other Internet threats. Blocks hackers from gaining access to your computer. Automatically makes your computer invisible to anyone on the Internet. Prevents spyware from sending your personal information across the Internet. Protects your programs and operating system from malware.

ZONEALARM Complete Internet Security Suite (v6.0) 15-Day Trial Version

1-Year Subscription Price \$69.95. Get easy-to-use, comprehensive protection against hackers, spyware, worms, identity thieves, spam, and much more. Install it and try it. If you want to keep it beyond the 15-day trial period, you can pay for it either by mail or on-line. The complete installation file is on this CD. **Features:**

- **Triple Defense Firewall.** Goes beyond traditional PC firewalls to protect your entire PC from hackers, spyware, and other Internet threats. Blocks hackers from gaining access to your computer. Automatically makes your computer invisible to anyone on the Internet. Prevents spyware from sending your personal information across the Internet. Protects your programs and operating system from malware.
- **Integrated Anti-Spyware and Antivirus Protection.** Updates, scans, and removes spyware, viruses, and worms in a single, powerful operation. Automatically removes the most dangerous and useless spyware and viruses for you. "Clears" legitimate monitoring software (such as cookies for Web sites you use frequently) so it doesn't get picked up in every spyware scan.
- **Smart Defense Service.** Provides your PC with real-time security updates and new attack protection capabilities. SmartDefense™ Advisor automatically distributes new spyware and virus signatures to your PC for up-to-date protection. DefenseNet keeps your PC security updated from the latest spyware and malware using information supplied by our ZoneAlarm user community.
- **Advanced Identity and Privacy Protection.** Protects you from identity theft and online profiling. Prevents your personal data from leaving your computer without your approval. Automatically stops pop-up ads so you can surf in peace.
- **Essential E-Mail Security.** Quarantines suspicious attachments to help defend against unknown viruses; automatically halts outbound messages to keep you from accidentally infecting others.
- **Phishing and Spam Blocker.** Automatically blocks phishing and junk emails from entering your inbox, protecting you from dangerous scams and annoying spam.
- **IM Protection and Parental Control.** Protects your instant messages—even those sent between different services—so they can't be monitored.
- **Wireless PC Protection.** Automatically detects wireless networks and secures your PC from hackers and other Internet threats wherever you're connected—at home or on the road.

SYGATE Personal Firewall (v5.6) Free Version The complete installation file is on this CD.

Features: Protects against Trojans, spyware, worms and other known & unknown threats. Prevents unauthorized or malicious applications from bypassing the firewall. Enables even inexperienced users to easily customize and fine-tune security policies. Provides best of breed evidence logs for intrusion analysis. Easiest-to-use PC firewall and still free for personal/home use. Requires Windows 95,98, Me, 2000, Xp.

OUTPOST Firewall (v1.0.1817) Free Version The complete installation file is on this CD.

From www.agnitum.com. The FREE version of Outpost Firewall offers a basic protection solution for casual web surfers and low budget systems. Please note Agnitum does not provide personal Support Service or any other advice via email for Outpost Firewall FREE. Requires Windows 2000 or Xp.

KERIO Personal Firewall (v4.2.0) Free Version The complete installation file is on this CD.

From www.kerio.com. This free version of Kerio Personal Firewall (KPF) helps control how your computer exchanges data with other computers on the Internet or local network. Kerio Personal Firewall is designed to protect any Windows PC that is connected to the Internet using DSL, cable, dial-up, ISDN, WiFi or satellite modems. Requires Windows 2000Pro or Xp.

AVG Anti-Virus Free Edition (v7.3380) The complete installation file is on this CD. From www.grisoft.com. AVG Free Edition is for private, non-commercial, single home computer use only. Use of AVG Free Edition within any organization or for commercial purposes is strictly prohibited. The AVG Free Edition is absolutely not for use with any type of OEM bundling with SW, HW component or any service. Your use of AVG Free Edition shall be in accordance with and is subject to the terms and conditions set forth in the AVG Free Edition License Agreement which accompanies AVG Free Edition. AVG Free Edition is the well-known anti-virus protection tool. AVG Free is available free-of-charge to home users for the life of the product! Rapid virus database updates are available for the lifetime of the product, thereby providing the high-level of detection capability that millions of users around the world trust to protect their computers. AVG Free is easy-to-use and will not slow your system down (low system resource requirements).

Highlights include:

- Automatic update functionality
- The AVG Resident Shield, which provides real-time protection as files are opened and programs are run
- The AVG E-mail Scanner, which protects your e-mail
- The AVG On-Demand Scanner, which allows the user to perform scheduled and manual tests
- Free Virus Database Updates for the lifetime of the product
- AVG Virus Vault for safe handling of infected files
- Great customer satisfaction!

Please note that any previous version of AVG Free will be un-installed automatically during the installation of the new AVG Free.

V-CATCH E-Mail Anti-Virus Free Edition (v7.3380) From www.vcatch.com. The complete installation file is on this CD.

- V-Catch is a new, free tool, developed to protect your computer from web viruses. Whether you use an Email application, Web based Email, ICQ, or one of the new file-sharing programs (iMesh, KaZaA etc.); V-Catch is the tool for you.
- V-Catch is a virus protection software. When V-Catch is active it will check all the files sent or downloaded to your computer via Email and Web applications. In the event that V-Catch detects that a file is suspected to be a virus, the software automatically deletes the file and notifies you.
- V-Catch supports the following Email programs: Microsoft Outlook, Outlook Express, Eudora and Netscape Messenger. In Addition, V-Catch protects your computer from viruses downloaded using Internet Explorer or Netscape Navigator web browsers, files sent to your computer by ICQ, and files downloaded using popular file-sharing software such as iMesh and KaZaA.
- V-Catch has a unique automatic update mechanism. When a new virus is detected in the Net, V-Catch automatically updates its virus definitions list in your computer. So once you install V-Catch, you don't have to do anything else to be constantly protected.
- V-Catch uses a combination of several techniques to protect your computer. V-Catch Internet professional searchers are responsible to constantly update the viruses list so V-Catch can keep the mail messages and the files containing them out of your computer. In addition, V-Catch is using the Advanced Malicious Application Detection system (called "APayya"), which scans every incoming file looking for suspicious characteristics using a very sophisticated and flexible rules system. V-Catch enables you to set the preferred security level and uses these settings when a suspicious file is detected in order to decide whether to notify you. This way you can be sure you are protected both from known viruses and from unknown malicious applications.
- V-Catch was designed to use as little computer resources as possible. The software is very small and uses your computers resources only when one of the applications listed above is running.
- V-Catch is the second product in a series of products of CommonSearch Inc.

System Requirements:

Operating System -- Windows 95 / 98 / NT 4.0 / 2000 / ME / XP .
Web Browser -- Internet Explorer Version 4.0 or later.
Mail reader -- Microsoft Outlook 97 or later -- or -- Outlook Express 4 or later.
-- or -- Netscape Messenger -- or -- Eudora -- or -- Incredimail.

ANTI-VIR Personal Edition (V6.31.00.03) Free Version The complete installation file is on this CD. From www.free-av.com. Even though viruses have now grown very numerous, one thing hasn't changed: our commitment to provide you with all-round protection. The reliability of AntiVir is demonstrated in numerous comparison test and references featured in independent trade journals. The AntiVir Personal Edition offers the effective protection against computer viruses for the individual and private use on a single PC-workstation. In order to make possible an easy operation, the AntiVir Personal Edition is developed to the essential points. You'll be amazed how thoroughly AntiVir protects: detects and removes more than 150,000 viruses, always among the winners of comparison test featured in computer journals. The resident Virus Guard serves to monitor file movements automatically, e.g. downloading of data from the internet, scanning and repair of macro viruses, protection against previously unknown macro viruses, safeguard against cost generating dial-up program, protection against trojans, worms, backdoors, jokes and other harmful programs. Easy operation. Internet-Update Wizard for easy updating. Protection against previously unknown boot record viruses and master boot record viruses. Quality "Made in Germany" support is free of charge via [AntiVir Bulletin Board](#)

SPYBOT – Search & Destroy (V1.4) Free Spyware Protector The complete installation file is on this CD. From www.safer-networking.com. Spybot - Search & Destroy can detect and remove spyware of different kinds from your computer. Spyware is a relatively new kind of threat that common anti-virus applications do not yet cover. If you see new toolbars in your Internet Explorer that you didn't intentionally install, if your browser crashes, or if your browser start page has changed without your knowing, you most probably have spyware. But even if you don't see anything, you may be infected, because more and more spyware is emerging that is silently tracking your surfing behaviour to create a marketing profile of you that will be sold to advertisement companies. Spybot-S&D is free, so there's no harm in trying to see if something snooped into your computer, too.

Ad-Aware SE Personal Edition (v1.06) Free Spyware Protection The complete installation file is on this CD. From www.lavasoftusa.com. Ad-Aware is designed to provide advanced protection from known Data-mining, aggressive advertising, Parasites, Scumware, selected traditional Trojans, Dialers, Malware, Browser hijackers, and tracking components. With the release of Ad-Aware SE Personal edition, Lavasoft takes the fight against Spyware to the next level. With Lavasoft's all new Code Sequence Identification (CSI) technology, you will not only be protected from known content, but will also have advanced protection against many of their unknown variants. To further protect you, Ad-Aware SE Personal Edition also has the capability to scan and list Alternate Data Streams (ADS) in NTFS enabled volumes. In combination with the new scanning engine, Ad-Aware SE will scan your computer faster and more thoroughly than ever before!

Webroot Spy Sweeper (v4.0) Free Spyware Protection The complete installation file is on this CD. From www.webroot.com. With a 5-Star rating, this software continues to be the leading antispyware product available. Spy Sweeper eliminates the nastiest spyware and adware out there, like CoolWebSearch, Look2Me, SpecterPro, & 2ndThought. Programs that usually defeat all other antispyware products are no match for the advanced detection and removal technology of Spy Sweeper. Webroot led the charge in developing blocking technology to keep spyware from ever installing on your PC, and that leadership continues with the new ADS shield Spy Sweeper uses to protect against the oft-used Windows exploit, bringing its total number of Smart Shields to 12. Spy Sweeper also sports a supped-up scan engine that runs more than 4 times faster than before. And with even more and better options in this latest version, Spy Sweeper has never been easier to run. So to protect yourself from adware, keyloggers, Trojans, and other undesired spyware programs, we recommend this simple and effective software.

PC Security Test (v3.5.0) Free Version The complete installation file is on this CD. From www.pc-st.com. PC Security Test is a free program for Windows that checks computer security against viruses, spyware and hackers. With a few mouse clicks, users can easily control the efficiency of their protection software (anti-virus programs, spyware scanners and firewalls). PC Security Test simulates virus, spyware and hacking attacks and monitors the responses of your protection software. Don't worry, no real viruses are involved ! After the tests are complete, PC Security computes a security index and provides tips on improving PC security.

PART 2. HOME AND EDUCATION PROGRAMS

Excel Calendar Template (v1.3.2) This free Excel calendar template allows you to quickly and easily create a monthly calendar by simply choosing a year and month. You can also choose a color scheme for your calendar using simple form controls. This is a Vertex42.com exclusive. Use this Excel calendar spreadsheet for planning, printing, and scheduling. Version 1.3.2 includes a 2006 calendar template where each month is on a different worksheet and another sheet contains the year in full.

Year Planner (v2.4) YearPlanner lets you plan events on a single multi-month page from 1 to 12 months using the classic planner layout usually only available as a wall chart. It also allows you to instantly switch to the standard calendar format. Unlike a wall-chart YearPlanner shows you the year ahead ? not just the calendar year. This gives you an unprecedented strategic view of up and coming events. Version 2.4 supports full-screen mode, adds display time option and DayNo suffix string.

My Photo Calendars (v3.2) This software enables the user to create fully customized photo calendars. All elements of the calendars can be customized including images, text, dates, and languages. Text and images can be inserted in dates and users can select from 36 national and religious holiday overlays. Users can change the language of days and months and start the calendar at any month, week, or day. The application supports multiple U.S. and E.U. page sizes. Version 3.2 may include unspecified updates, enhancements, or bug fixes.

TechInfo (v1.0) Scientific data tables, more interesting than it sounds, really! Constants, data tables and formulae from the areas of Chemistry, Physics, Astronomy, Mathematics, and Geography with an inbuilt calculator, moon phase tool and other scientific trivia. The menus are fully configurable through the .ini file so you can add your own data tables.

Exploring Weather (v2.0) Increase your meteorological and geoscience vocabulary. This program is an interactive software program that teaches students to think about weather in more global terms. The Earth's energy balance that is controlled by the sun's energy, and its effect on the Earth system. This program also ties in several weather related math exercises. From NASA.

Exploring North and South America (v2.0) Exploring North and South America implements multi-disciplinary teaching approaches using NASA technologies to enhance existing curriculum. Exploring North & South America uses images from NASA and NOAA AVHRR satellite to explore the continents with pictures and math. The simple instructions (switches and buttons) guide students through three sections; Exploring N & S America, Naming the Countries and Early Explorers. The satellite images offer a unique way to capture students interest in a very basic subject matter . Our goal is to provide children the opportunity to learn about our Earth through observations and to be shown the benefits of space exploration. From NASA.

Exploring the Earth (v2.3) Exploring the Earth implements multi-disciplinary teaching approaches using NASA technologies to enhance existing curriculum. This module is a vocabulary and geography lesson from space using images from Landsat and other NASA and NOAA probes. It also uses simple instructions (switches and buttons) to guide students through land, sea and air features visible from space. The information presented is very basic, but it is made interesting by actual photographs of surface images and by trivia questions on each subject. Our goal is to provide children the opportunity to learn about our Earth through observations and to be shown the benefits of space exploration. Audience: Grades 3 - 8.

Exploring Europe (v1.0) This program is an interactive software program that teaches students country names, capitals, area and population using space images and math for students in the third through eighth grades. The software provides insight into 5 subject areas; geography, math, metrics, compass positions and estimation. From NASA.

Roxie's ABC Fish (v4.0) Roxie's ABC Fish V4.00 offers an enjoyable 3D animated game environment in which children easily learn their ABCs and numbers. In Roxie's ABC Fish, Roxie, a friendly, animated, talking cat, plays "Go Fish" with a child, but, instead of asking for a number, Roxie asks for an upper or lower case letter, or for a number from 0 to 100. Roxie gently guides the child in selecting the correct word card. When a "Go Fish" game is completed, Roxie then sets up a fun music-composing game with singing 'Grumps'. This game was designed to teach preliminary music concepts while the child is having fun exploring the animated musical environment The child picks up a musical note by clicking once on the whole, half or quarter note at the bottom of the screen and moves it to a position on the staff, then clicks once more to place that note on the staff. After placing many notes on the staff the child clicks the "Play" button to hear their brand new song. To try something different with the same newly created song, they can then switch to a different "instrument" for a completely different sound. Then it's back to another round of "Go Fish" with Roxie.